

YOUR NAME: _____ *first and last name*

CH 223 Spring 2026: **“Introduce Yourself”** **Assignment *Instructions***

Welcome to Chemistry 223! I am glad you enrolled in CH 223 this quarter, and I look forward to an exciting term with you!

The purpose of this assignment is two-fold:

- * I want to know more about you and your background. Why are you taking this class? What do you hope to gain from it?
- * I also wish to remind you about important deadlines and policies relating to the class.

Deadlines for this assignment:

- **Section L1:** Monday, April 6 at 1:10 PM in AC 2501
- **Section L2:** Wednesday, April 8 at 1:10 PM in AC 2501

And remember, if you have questions, you can ask me anything (email is best, mike.russell@mhcc.edu).... to a great term!

Introduce Yourself (in class) Lab - *Worksheet*

YOUR NAME: _____
first and last name

Lab Section: _____

General Questions:

Why are you taking this class?

What do you hope to gain from completing this class?

Tell me about your previous math and science background (including classes, etc.)

Briefly describe your post-Mt. Hood Community College plans in the space below. (200 words or less.)

About the Chemistry 223 Class:

For you in this section of Chemistry 223, assignments will usually be due on a _____

(day of the week) at _____ (time of day.)

The instructor will send you an email about Chemistry 223 to your @saints email address.

What is your @saints email address? _____

Check your @saints email often to stay in touch with class updates, etc.

All assignments must be turned in as paper copies (no emailed assignments.) _____
(true or false)

It is typical to spend 15-20 hours per week on a 5-credit class. In addition to our in-class hours,

I recommend scheduling 8 hours minimum for homework and studying. Sign with your initials

here that you understand that this class can take effort to complete. _____

The Learning Success Center / AVID center is a free tutoring resource for you to utilize while taking this class at Mt. Hood Community College.

What is the website for the LSC/AVID center? _____

Where is the LSC/AVID center located on campus? _____

Look at the "**What's Due This Week**" schedule on the syllabus to answer these questions **for your lab section: (include date and time)**

When is the deadline for selecting a Class Presentation element? _____

When is Midterm Exam I? _____

When is the Rough Draft of the Class Presentation paper due? _____

When is Midterm Exam II? _____

When will you give your Class Presentation? _____

When will you turn in the final Class Presentation paper? _____

You can turn in problem sets and labs late (for reduced credit), but recitation self quizzes cannot be taken late for any reason, and if you miss a recitation, your score for the recitation self quiz will be a zero. Sign with your initials here that you understand this policy. _____

All quizzes, midterms and final exams are timed and closed-book / closed-notes, but you are always allowed to use a calculator and a periodic table (which I will provide, you cannot use your own.) Our periodic table can be found here: <http://mhchem.org/pertab> Sign with your initials here that you understand this policy. _____

If you have questions on anything, email me! (mike.russell@mhcc.edu)

Thanks for your hard work; peace, -- Michael